



**[Act on Counselling and Education regarding Sex and Childbirth]  
No. 25/1975,  
as amended by Act No. 82/1998, No. 162/2010, No. 126/2011,  
No. 23/2016, No. 35/2019 and No. 43/2019.**

**SECTION I**

**Counselling and Instruction.**

Article 1

People shall be given the opportunity to receive counselling and education regarding sex and childbirth. The Directorate of Health shall supervise the practice and development of such counselling and education.

Article 2

Assistance shall be provided, as applicable, as follows:

1. Education and counselling on the use of contraceptions and obtainment of them.
2. ...<sup>1)</sup>
3. Sex education and counselling and education on the responsibilities of parenthood.
4. Counselling and education regarding the assistance available to women during pregnancy and childbirth.

<sup>1)</sup> Act No. 43/2019, Art. 13.

Article 3

This counselling service shall be provided at health-care centres and hospitals, and it may operate in collaboration with the maternity committee, departments of gynaecology, psychiatric health-care, family counselling and counselling by social workers.

Article 4

The counselling service shall be provided by physicians, social workers, midwives, nurses and teachers as required.

Article 5

All recognised forms of contraception shall be available from the counselling service. Efforts shall be made to facilitate access to contraceptions, for instance by the health service subsidising them.

Article 6

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

Article 7

Education authorities shall in consultation with the Educational Director of Health provide education on sex and sexual ethics in schools at the compulsory school level. This education shall also be provided at other educational levels.

**SECTION II**

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

### SECTION III

...<sup>1)</sup>

<sup>1)</sup> Act No. 35/2019, Art. 10.

### SECTION IV General provisions.

#### Article 24

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 25

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 26

Health authorities must monitor the implementation of this Act ... <sup>1)</sup>. The objective shall be to achieve consistency in the implementation of the Act in all regions of the country. Those who are engaged in the implementation of the Act shall provide instruction and guidance for this purpose.

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 27

All those who are engaged, in one way or another, in the implementation of this Act, are subject to the obligation of confidentiality on all personal matters of which they may become aware in this context.

#### Article 28

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 29

...<sup>1)</sup>

Costs of counselling and instruction in this field shall be met from public funds.

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 30

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 31

...<sup>1)</sup>

<sup>1)</sup> Act No. 43/2019, Art. 13.

#### Article 32

The more detailed implementation of this Act shall be decided in regulations.

#### Article 33

This Act shall take effect immediately.

...

*[This translation is published for information only.  
The original Icelandic text is published in the Law Gazette.  
In case of a possible discrepancy, the original Icelandic text applies.]*